



IF YOUR CHILD IS FEELING UNWELL PLEASE FOLLOW THESE STEPS ...

MY CHILD IS FEELING UNWELL, SHOULD I SEND THEM TO THE NURSERY ?

Do they have a high temperature, a persistent cough or loss of smell or taste (**any one** of these) ?

Do they have vomiting or diarrhoea ?

Do they have a sore throat, earache or severe cold symptoms ?

Do they have a rash ?

Do they just feel a bit under the weather with a cold ?

Please keep them at home, and everyone within the household must isolate. Visit the NHS website to request a COVID test or call 111 for more advice, and follow the advice given. Please inform the nursery.

Keep them at home and check their temperature regularly. If no COVID symptoms develop then send them back to nursery when they are well enough.

Do they just have a cold, if so, then please send them to nursery. Consider giving them medicine before they come in and let the nursery know they feel unwell. Nursery staff will monitor the child and administer medicine after parental consent, we will contact you should they get worse or develop other symptoms.

If they do develop other symptoms (temperature, cough or loss of taste/smell) then visit the NHS website to request a COVID test or call 111 for more advice.

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TEST IS POSITIVE: Inform the nursery. Child must isolate at home for 10 days from date of the test. Rest of household must isolate for 14 days, if symptoms develop then they must get tested and follow the relevant steps.

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

TEST IS NEGATIVE: Inform the nursery. If they feel well and no longer have symptoms similar to coronavirus (COVID-19), they can stop self-isolating. The whole household (or support bubble) must also test negative if they had symptoms to stop self-isolation.

For vomiting or diarrhoea they must not return to school for 48 hours after the last episode of illness.

For other illness/rashes, please consider calling your GP or 111 to determine the cause.

If a child, parent or staff member tests positive we will follow the steps given by the Local Health Protection Team and we will notify you of these steps immediately. Please be prepared for the nursery to close should this be the advice given by the Local Health Protection Team.